

Oct 4, 2026

There will be a Harvest potluck today following the Reading Service. All are welcome to attend.

On Saturday, Oct 17th we will have our Autumn Day of Service from 1 p.m. to 5 p.m., immediately following the morning meditation. A vegetarian lunch will be provided. All are welcome, including children for any length of time, to join in the joy of fellowship and service in cleaning, gardening, and carrying out maintenance projects. For those who wish to come and meditate prior to the 1 p.m. lunch, you may enter the chapel during the Noon chant. Or meditate in the Sunday School room.

There will be a One-Day Retreat on the theme "The Art of Spiritual Introspection". It will be held at the Center on Saturday, October 24, from 10:00 a.m. to 4:00 p.m. There will be periods of group meditation, Energization Exercises, readings, kirtan, a lunch break, and free-time to walk the grounds, read quietly, or meditate.

Self-Realization Fellowship is pleased to announce that the Fall session of the online How-to-Live classes for children and teens has started. Classes will be held September 12th through December 12th. Registration is now open, and information is available on the flyers in the Sunday School.

The Reading Service for today is: Our Immortal Nature