

Oct 11, 2026

On Saturday, Oct 17th, we will have our Fall 'Day of Service' from 1 p.m. to 5 p.m., immediately following the morning meditation. A vegetarian lunch will be provided. All are welcome, including children for any length of time, to join in the joy of fellowship and service in cleaning, gardening, and carrying out maintenance projects. For those who wish to come and meditate prior to the 1 p.m. lunch, you may enter the chapel during the Noon chant, or meditate in the Sunday School room.

There will be a One-Day Retreat on the theme "The Art of Spiritual Introspection". It will be held at the Center on Saturday, October 24th, from 10:00 a.m. to 4:00 p.m. There will be periods of group meditation, Energization Exercises, Readings, Kirtan, a lunch break, and free-time to walk the grounds, read quietly, or meditate. Please bring a sack lunch with you for the retreat.

We would like to let members and friends know that the Center is not able to accept personal or retail items donated or left behind in the storage area without prior notice. We do not have enough storage space to accommodate these. If you have items you intend to donate or leave behind, please first check with Deepak Jaiswal or Christine Brassell or email info@srfseattlecenter.org. Your cooperation is appreciated.

The Reading Service for today is: "The Example of a Saintly Life"