

Special Services and Events

October

Oct 3 (Saturday)	Commemorative 6-hour Kirtan Meditation for Lahiri Mahasaya*	10:00 AM - 4:00 PM
Oct 4 (Sunday)	Harvest Potluck** after Sunday Service	12:15 PM
Oct 17 (Saturday)	Day of Service (lunch provided) after Kirtan Meditation	1:00 PM - 5:00 PM
Oct 24 (Saturday)	One-Day Retreat at the SRF Seattle Center	10:00 AM - 4:00 PM

November

Nov 7 (Saturday)	Kirtan Meditation Service	10:00 AM - 1:00 PM
Nov 8 (Sunday)	Diwali Potluck** after Sunday Service	12:15 PM
Nov 28 (Saturday)	Pre-Christmas 4-hour Kirtan Meditation	10:00 AM - 2:00 PM
Nov 29 (Sunday)	Spanish Reading Service	12:15 PM - 1:15 PM

December

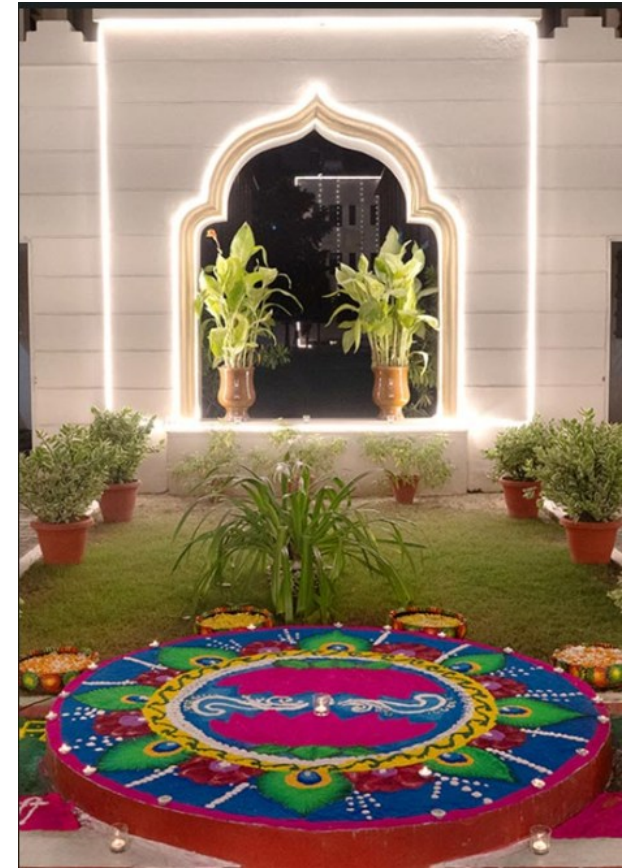
Dec 5 (Saturday)	Pre-Christmas 4-hour Kirtan Meditation	10:00 AM - 2:00 PM
Dec 6 (Sunday)	Annual General Meeting (FY27 Plans)	12:30 PM - 2:00 PM
Dec 12 (Saturday)	Pre-Christmas 4-hour Kirtan Meditation	10:00 AM - 2:00 PM
Dec 19 (Saturday)	All-day Christmas Meditation†	10:00 AM - 6:00 PM
Dec 20 (Sunday)	Christmas Potluck** after Sunday Service	12:15 PM
Dec 31 (Thursday)	New Year's Eve Meditation	11:30 PM - 12:30 AM

*Energization Exercises at 9:40 AM, 30-minute break at 1:00 PM

**Please bring a vegetarian dish to share.

†30-minute break at 2:00 PM. Please bring a fruit to offer, and a monetary offering in an envelope. Please enter the chapel 30 min before meditation starts to get settled. If you can attend only half of the meditation, we ask that you attend the first half.

Seattle Center of Self-Realization Fellowship



Quarterly Event Schedule October ~ November ~ December 2026

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Cover photo: YSS Noida Ashram, decorated for Diwali

Welcome to the **Seattle Center of Self-Realization Fellowship**, which serves families and friends in the greater Seattle area through weekly devotional and meditation services. The Seattle Center of SRF is a branch of Self-Realization Fellowship, a worldwide, non-profit religious organization founded by Paramahansa Yogananda in 1920 to teach scientific techniques of meditation that lead to a direct, personal experience of God. The Center is open to the public for services and special activities. You are invited to attend our services and welcome to stop by our information table to find out more about our activities.

As an introduction to the SRF teachings, we suggest that you read Paramahansa Yogananda's ***Autobiography of a Yogi*** or watch the documentary film **AWAKE: The Life of Yogananda**.

Regular Weekly Services*

Sunday

Meditation Service	10:00 AM - 10:45 AM
Sunday Reading Service	11:00 AM - 12:00 PM
Sunday School/Youth Group	11:00 AM - 12:00 PM

Tuesday

Meditation Service	7:00 PM - 9:00 PM
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Thursday

Inspirational Service	7:00 PM - 8:00 PM
<i>(Service cancelled on Nov. 26 and Dec. 31)</i>	

Saturday

Group Energization Exercises	9:40 AM - 10:00 AM
Meditation Service	10:00 AM - 1:00 PM

*Please see the schedule on the back page for special services and events. Any last-minute changes or additions to the schedule will be reflected on our website's calendar at: www.srfseattlecenter.org.

Sunday Reading Services

October

Oct 4 (G)	Our Immortal Nature
Oct 11	The Example of a Saintly Life
Oct 18	Living in Constant Remembrance of God
Oct 25 (V)	Video: Remembering Who You Really Are - The Soul by Sr. Brahmani

November

Nov 1 (G)	How to Read Others' Character and Improve Our Own
Nov 8	The Scientific Art of Living
Nov 15 (K)	The Universal Appeal of Yoga, India's Ancient Spiritual Science + Youth Kirtan
Nov 22 (V)	Video: Giving Thanks for Life's Blessings by Bro. Kamalananda
Nov 29	How to Dissolve the Causes of War + Spanish Reading Service from 12:15 pm to 1:15 pm

December

Dec 6 (G)	Inner Resources of Energy and Health
Dec 13	How to Create Dynamic Will Power
Dec 20	Attunement With the Christ Consciousness
Dec 27 (V)	Video: The Deeper Teachings of Jesus by Bro. Nikhilananda

(G): Guided Meditation 10:00 am --10:45 am

(K): Kirtan during Sunday Meditation and Reading Service

(V): Video Service

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November

December