

Aug 2, 2026

As a service to those who aren't traveling to the SRF Convocation this year, we are happy to inform you that the Seattle Center will livestream the 7:30 p.m. evening classes and 9 p.m. evening meditations starting this evening August 2nd through August 7th, as well as the closing class at 1 p.m. on Saturday, August 8th.

Please note that the regularly scheduled 3-hr. Meditation on Saturday, **August 8th** is canceled owing to the SRF Convocation.

Our special 30th Anniversary celebration titled "A Hive of Satsanga" will be held on Sunday, August 30th. Please pick up a flyer from the ushers or the info table, so you can RSVP for the lunch. The day will begin with a Kirtan meditation at **9:30 a.m.**, followed by a special Inspirational program featuring inspirational readings, uplifting music, and memoirs from Center members. The program will be followed by a delicious catered lunch at 12:15 p.m. We look forward to commemorating this special anniversary with you all.

We would like those who are willing to share a word or two about our Center to stop by the sundial courtyard as you leave the Service today. "When you think of this Center, what word comes to mind?" Your testimonial will be captured on camera and used in a short video we are producing for the 30th Anniversary event. Whether you are new to the Center or have been attending for years, please stop by and share.

The Managing Council is happy to let you know that we have reached 62% of our goal of \$40,000 for the Social Room remodel. We deeply appreciate your prayers and financial support. Those wishing to contribute may scan the QR code on the poster in the Social Room, or pick up an envelope from the seat pockets in front of you to make your donation. Donations made by check don't incur the service fee. Please remember to indicate "Social Room remodel" in the memo section of your check.

The title for today's Video Service is: "Why We Suffer".