

Special Services and Events

July

July 12 Sunday	Seattle Center annual picnic and potluck at Hamlin Park, Shoreline (Please bring a vegetarian dish to share.)	12:15 PM - 2:00 PM (after Sunday service)
July 18 Saturday	Commemorative long meditation for Mahavatar Babaji**	10:00 AM - 4:00 PM
July 25 Saturday	Meditation† Commemorative service for Mahavatar Babaji*	7:00 PM - 7:45 PM 8:00 PM - 9:30 PM

August

Aug 2-8 Sun- Sat	2026 SRF World Convocation Events livestreamed at SRF Seattle Center Aug 2 to 7: Class (7:30 PM - 8:30 PM) + Meditation (9:00 PM - 10:00 PM)‡ Aug 8: Class (1:00 PM - 2:00 PM)	
Aug 22 Saturday	Day of Service (lunch provided) following the regular Saturday meditation	1:00 PM - 5:00 PM
Aug 30 Sunday	Special 30th Anniversary Event - "A Hive of Satsanga" and Youth Kirtan	9:30 AM - 2:00 PM

September

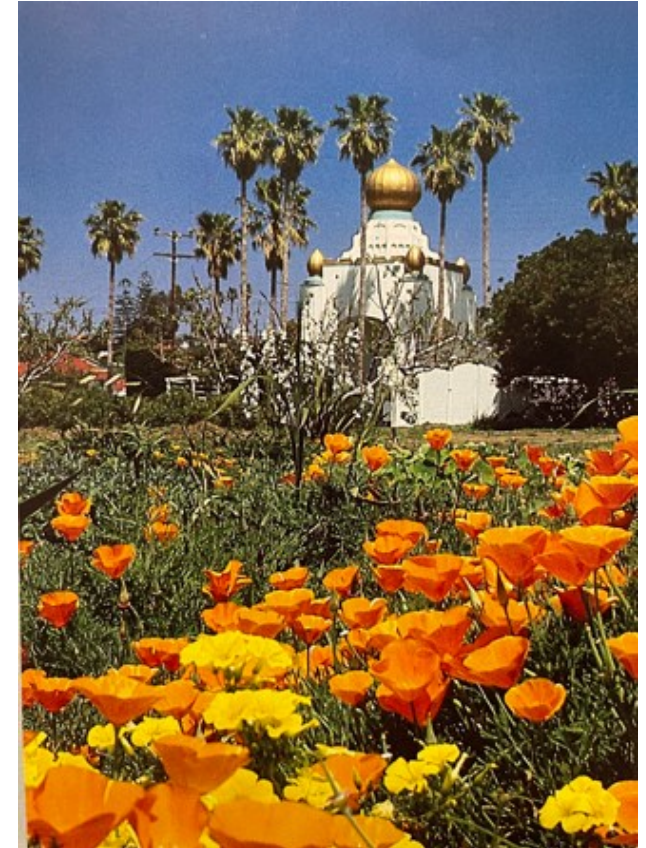
Sep 4 Friday	Meditation† Commemorative service for Bhagavan Krishna - Janmashtami*	7:00 PM - 7:45 PM 8:00 PM - 9:30 PM
Sep 5 Saturday	Commemorative long meditation for Bhagavan Krishna - Janmashtami**	10:00 AM - 4:00 PM
Sep 26 Saturday	Meditation† Commemorative service for Lahiri Mahasaya's mahasamadhi*	7:00 PM - 7:45 PM 8:00 PM - 9:30 PM
Sep 30 Wed	Meditation† Commemorative service for Lahiri Mahasaya's birthday*	7:00 PM - 7:45 PM 8:00 PM - 9:30 PM

†Late arrivals may enter quietly at any time. ‡Meditation 9:30 PM - 10:00 PM on Aug. 6th

*Please bring a flower and a monetary offering in an envelope.

** Energization Exercises at 9:40 AM, 30-minute break at 1:00 PM

Seattle Center of Self-Realization Fellowship



Quarterly Event Schedule July ~ August ~ September 2026

1825 NE Serpentine Place
Shoreline WA 98155
info@srfseattlecenter.org
206-361-7258
www.srfseattlecenter.org

Cover photo: Radiant, sun-kissed flowers bloom near SRF Golden Lotus Towers, Encinitas, CA.

Welcome to the **Seattle Center of Self-Realization Fellowship**, which serves families and friends in the greater Seattle area through weekly devotional and meditation services. The Seattle Center of SRF is a branch of Self-Realization Fellowship, a worldwide, non-profit religious organization founded by Paramahansa Yogananda in 1920 to teach scientific techniques of meditation that lead to a direct, personal experience of God. The Center is open to the public for services and special activities. You are invited to attend our services and welcome to stop by our information table to find out more about our activities.

As an introduction to the SRF teachings, we suggest that you read Paramahansa Yogananda's *Autobiography of a Yogi* or watch the documentary film **AWAKE: The Life of Yogananda**.

Regular Weekly Services*

Sunday

Meditation Service	10:00 AM - 10:45 AM
Sunday Reading Service	11:00 AM - 12:00 PM
Sunday School/Youth Group	11:00 AM - 12:00 PM

Tuesday

Meditation Service	7:00 PM - 9:00 PM
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Thursday

Inspirational Service	7:00 PM - 8:00 PM
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Saturday

Group Energization Exercises	9:40 AM - 10:00 AM
Meditation Service	10:00 AM - 1:00 PM

July 4: Meditation cancelled due to U.S. Holiday

August 1 & 8: Meditation cancelled due to SRF Convocation

2026 SRF World Convocation Events livestreamed at SRF Seattle Center during **Aug 2nd to 8th** (see details under 'Special Services and Events')

*Please see the schedule on the back page for special services and events. Any last-minute changes or additions to the schedule will be reflected on our website's calendar at: www.srfseattlecenter.org.

Sunday Reading Services

July

July 5 (G)	Seeing God as the Sole Doer
July 12	Building World Unity
July 19	Understanding Reincarnation
July 26 (V)	Video: Anchor Yourself in God by Sister Ranjana

August

Aug 2 (G)	Why We Suffer
Aug 9	How to Develop True Intuition
Aug 16	Who Made God?
Aug 23 (V)	Video: Introspection - Exploring the Workings of Your Inner Self by Bro. Ishtananda
Aug 30 (K)	Special 30th Anniversary Event - "A Hive of Satsanga"

September

Sep 6 (G)	Meditation: Direct Perception of God
Sep 13	How to Spiritualize Business
Sep 20	The Unlimited Power of the Mind
Sep 27 (V)	Video: Discovering our Immortal Nature by Bro. Jayananda

(G): Guided Meditation 10:00 am --10:45 am

(K): Kirtan as part of the Sunday meditation service

(V): Video service

July

August

September