

May 31, 2026

We will have a Spanish Reading Service today from 12:15 - 1:15 p.m. All are welcome to attend.

We are happy to let you know that SRF monastics Bro. Padmananda and Br. Rahul will be visiting this week to lead our annual Seabeck retreat. This Thursday, June 4th, the monks will lead a meditation and satsanga from 7 - 8 p.m., here at the Seattle Center, followed by a hospitality tea social. Registrations for the Seabeck retreat are now closed.

The Center will remain closed from June 5 - 7 during the Seabeck retreat weekend, and all meditations and Services will be canceled.

We invite you to mark your calendars for the 30th Anniversary Celebrations of the Seattle Center on Sunday, August 30th featuring a special program, festive decorations, and a delicious lunch. More information about this blessed event will be forthcoming.

The title for today's Service is: "Living Without Fear"