

May 3, 2026

We invite you all to special Services to commemorate the birth of our Paramguru Swami Sri Yukteswarji. On Saturday, May 9th, we will have a 6-hour Kirtan meditation from 10 a.m. - 4 p.m. with an intermission at 1 p.m. And on Sunday, May 10th, we will commemorate the birthday of Swami Sri Yukteswar with individual silent meditation from 7 - 7:45 p.m. and a Commemorative Service at 8 p.m. Devotees attending the Commemorative Service are asked to bring a flower as a symbol of devotion, and an offering in an envelope as a symbol of loyalty to this path.

All are invited to a Mother's Day tea social next Sunday, May 10th, immediately following the Service.

We are happy to let you know that Bro. Padmananda and Br. Rahul will be with us to lead the Annual Spring Retreat from June 5th - 7th at the Seabeck Conference Center. The theme of this year's retreat is "**What can Meditation do for us?**" Information about the weekend's schedule is available on our website. Registration for the retreat is open and will run through May 31st.

On Thursday, June 4th, the day before the retreat, the monks will lead a meditation and satsanga at the Seattle Center. You are welcome to submit satsanga questions in the box in the foyer, or by emailing info@srfseattlecenter.org

Self-Realization Fellowship is pleased to announce this year's online How-to-Live Summer program for children and teens, which will be held June 24th through the 28th. Registration is now open, and information is available on the flyers in our foyer or in the Sunday School area.

The title for today's Service is: "Developing the Invincible Power of Initiative"