

May 17, 2026

Self-Realization Fellowship is pleased to announce this year's online How-to-Live Summer program for children and teens, which will be held June 24th through the 28th. Registration is now open, and information is available on the flyers in our foyer or in the Sunday School area.

Registrations for the Seabeck retreat led by Bro. Padmananda and Br. Rahul run through May 31st. Retreat information and schedule are available on our website.

On Thursday, June 4th, the day before the retreat, the monks will lead a meditation and satsanga at the Seattle Center. You are welcome to submit satsanga questions in the box in the foyer, or by emailing info@srfseattlecenter.org

The Center will remain closed from June 5 - 7 during the Seabeck retreat weekend, and all meditations and Services will be canceled.

The title for today's Service is: "The Dream Fabric of Life"