

May 10, 2026

Happy Mother's Day! All are invited to a special Mother's Day tea social, immediately following the Service.

This evening, we will commemorate the birthday of Swami Sri Yukteswar with individual silent meditation from 7 - 7:45 p.m. and a Commemorative Service at 8 p.m. If you are late to the 7 p.m. meditation, you will be able to enter quietly. All who attend the Commemorative Service are asked to bring a flower as a symbol of devotion, and an offering in an envelope as a symbol of loyalty to this path.

We are happy to let you know that Bro. Padmananda and Br. Rahul will be with us to lead the Annual Spring Retreat from June 5th - 7th at the Seabeck Conference Center. The theme of this year's retreat is "**What can Meditation do for us?**" Information about the weekend's schedule is available on our website. Registration for the retreat is open and will run through May 31st.

On Thursday, June 4th, the day before the retreat, the monks will lead a meditation and satsanga at the Seattle Center. You are welcome to submit satsanga questions in the box in the foyer, or by emailing info@srfseattlecenter.org

Self-Realization Fellowship is pleased to announce this year's online How-to-Live Summer program for children and teens, which will be held June 24th through the 28th. Registration is now open, and information is available on the flyers in our foyer or in the Sunday School area.

The title for today's Service is: "The Mother As an Expression of God's Unconditional Love"