

Special Services and Events

April

Apr 3 Friday	Good Friday Kirtan Meditation	7:00 PM - 10:00 PM
Apr 4 Saturday	Pre-Easter six-hour Kirtan Meditation	10:00 AM - 4:00 PM
Apr 5 Sunday	Special Online Service by SRF/YSS President, Brother Chidananda. Easter Sunrise Service cancelled at Center Please join us for 10 am Meditation, 11 am Service, and Easter Potluck at Noon at the Center.	7:00 AM - 8:00 AM 10 AM & 11 AM Noon

May

May 9 Saturday	Commemorative long meditation for Sri Yukteswar's birthday	10:00 AM - 4:00 PM
May 10 Sunday	Meditation† Commemorative Service for Sri Yukteswar's birthday*	7:00 PM - 7:40 PM 8:00 PM - 9:30 PM
May 10 Sunday	Mother's Day tea social after Sunday Service	Noon
May 30 Saturday	Day of Service (lunch provided) following the regular Saturday meditation	1:00 PM - 5:00 PM

June

June 4 Thursday	Monastic-led Inspirational Service followed by a tea social	7:00 PM - 8:00 PM
June 5 - 7 Fri - Sun	Seabeck Retreat (Seattle SRF Center will be closed.) (Please see website for registration and directions.)	Friday 4:00 PM to Sunday 2:30 PM
June 20 Saturday	Summer Solstice Kirtan Meditation	Noon
June 21 Sunday	Father's Day tea social after Sunday Service	Noon

†Late arrivals may enter quietly at any time.

*Please bring a flower and a monetary offering in an envelope

Seattle Center of Self-Realization Fellowship



Quarterly Event Schedule April ~ May ~ June 2026

1825 NE Serpentine Place
Shoreline WA 98155
info@srfseattlecenter.org
206-361-7258
www.srfseattlecenter.org

Cover photo: Smriti Mandir (Memorial Shrine), built in 1995 in white marble, in YSS Ashram, Ranchi, India

Welcome to the **Seattle Center of Self-Realization Fellowship**, which serves families and friends in the greater Seattle area through weekly devotional and meditation services. The Seattle Center of SRF is a branch of Self-Realization Fellowship, a worldwide, non-profit religious organization founded by Paramahansa Yogananda in 1920 to teach scientific techniques of meditation that lead to a direct, personal experience of God. The Center is open to the public for services and special activities. You are invited to attend our services and welcome to stop by our information table to find out more about our activities.

As an introduction to the SRF teachings, we suggest that you read Paramahansa Yogananda's *Autobiography of a Yogi* or watch the documentary film **AWAKE: The Life of Yogananda**.

Regular Weekly Services*

Sunday

Meditation Service 10:00 AM - 10:45 AM
 Sunday Reading Service 11:00 AM - 12:00 PM
 Sunday School/Youth Group 11:00 AM - 12:00 PM
(Services cancelled on June 7 due to Seabeck Retreat)

Tuesday

Meditation Service 7:00 PM - 9:00 PM

Thursday

Inspirational Service 7:00 PM - 8:00 PM

Saturday

Group Energization Exercises 9:40 AM - 10:00 AM
 Meditation Service 10:00 AM - 1:00 PM
(Meditation cancelled on June 6 due to Seabeck Retreat)

*Please see the schedule on the back page for special services and events. Any last-minute changes or additions to the schedule will be reflected on our website's calendar at: www.srfseattlecenter.org.

Sunday Reading Services

April

Apr 5 (G)	The True Meaning of Resurrection
Apr 12	The Way to Lasting Peace and Happiness
Apr 19	Life Energy: The Power that Heals
Apr 26 (V)	Video: Great Saints: God's Messengers of Truth by Bro. Nikhilananda

May

May 3 (G)	Developing the Invincible Power of Initiative
May 10	The Mother as an Expression of God's Unconditional Love
May 17 (K)	The Dream Fabric of Life + Kirtan
May 24 (V)	Video: God as the Divine Mother by Sr. Usha
May 31	Living Without Fear + Spanish Reading Service from 12:15 pm to 1:15 pm

June

Jun 7	Sunday Services cancelled due to Seabeck Retreat
Jun 14	The Four Ways to Direct Experience of God
Jun 21	The Father Aspect of God
Jun 28 (V)	Video: The Importance of Developing Evenmindedness by Bro. Muktananda

(G): Guided Meditation 10:00 am—10:45 am

(K): Kirtan as part of Sunday Meditation and Service

(V): Video service

April

May

June