

March 15, 2026

We are happy to announce that the Seattle Center of SRF now has a presence on both Instagram and Facebook under the name, srfseattlecenter. We invite you to follow our account and engage with our posts by liking, sharing and helping spread the word. Your participation will support the outreach of Gurudeva's uplifting message, and help it reach sincere truth seekers throughout the Greater Seattle area.

The Managing Council recently sent out a survey to members outlining major physical improvements to our Center to accommodate the continued growth of our spiritual family for present and future generations. These proposed improvements reflect our sincere desire that every aspect of the Center convey an atmosphere of reverence and sacredness, in keeping with the standards of SRF temples, thereby supporting the Center's role as a spiritual sanctuary, where all are welcome. We thank you for your inputs via the survey before March 31st, 2026.

We are happy to let you know that Bro. Padmananda and Br. Rahul will be with us to lead the Annual Spring Retreat from **June 5th - 7th** at the Seabeck Conference Center. The theme of this year's retreat is "***What can Meditation do for us?***" More information about registration and the weekend's schedule will be forthcoming in early April.

The title for today's Service is: "Why Waste Time? God is the Joy you Seek".