

March 1, 2026

We are happy to announce that the Seattle Center of SRF now has a presence on Instagram (handle - @srfseattlecenter). We invite you to follow our account and engage with our posts by liking, sharing and helping spread the word. Your participation will support the outreach of Gurudeva's uplifting message, and help it reach sincere truth seekers throughout the Greater Seattle area.

We invite you all to special Services commemorating the mahasamadhis of Gurudeva Paramahansa Yogananda and Swami Sri Yukteswar. On Saturday, March 7th, we will have a Commemorative Service for Paramahansa Yogananda's mahasamadhi, and on Monday March 9th, we will have a Commemorative Service for Swami Sri Yukteswar's mahasamadhi. Both Services will begin at 8 p.m. and will be preceded by individual silent meditation from 7 until 7:45 p.m. Those attending the Services are asked to bring a flower as a symbol of their devotion to the SRF line of Gurus, and a monetary offering in an envelope as a symbol of their loyalty to this path.

And on Saturday, March 14th, we will commemorate the Mahasamadhis of our Guru and Paramguru with a 6-hour Kirtan meditation from 10 a.m. - 4 p.m.

Next Sunday, March 8th, we will have a Spanish Reading Service from 12:15 - 1:15 p.m. All are welcome.

The title for today's Service is: "Harnessing the Power of Mind".