

## **September 28, 2025**

This coming Tuesday, September 30, we will commemorate the birthday of our param-param Guru Lahiri Mahasaya with meditation from 7:00 – 7:45 p.m. and the Commemorative Service at 8:00 p.m. (Please bring a flower and donation to offer during the service.)

We are happy to announce that the Center will be offering lessons in devotional chanting with the harmonium starting on October 11th on Saturdays and Sundays. On the power of devotional chanting, our Guru said, “Chanting is half the battle.” We hope you will avail of this opportunity. Musical skills are not required. Please contact Anand Balachandran if you are interested.

There will be a one-day retreat held at the Center on Saturday, October 18, from 10:00 a.m. to 4:00 p.m. There will be periods of group meditation, Energization Exercises, readings, kirtan, a lunch break, and free-time to walk the grounds, read quietly, or meditate.

You are all invited to a potluck on October 19, following our Sunday Service, to celebrate Diwali, the Festival of Lights, at our Center. Feel free to come dressed in your Indian finest to mark this special occasion and share in a meal with others. Please bring a vegetarian dish to share.

The Video Service for today is: Living the Spiritual Life in a Material World by Brother Kartikananda.