

## Special Services and Events

### October

Oct 18 Saturday)	One-Day Retreat at the SRF Seattle Center	10:00 AM - 4:00 PM
Oct 19 (Sunday)	Diwali Potluck* after Sunday Service	12:15 PM

### November

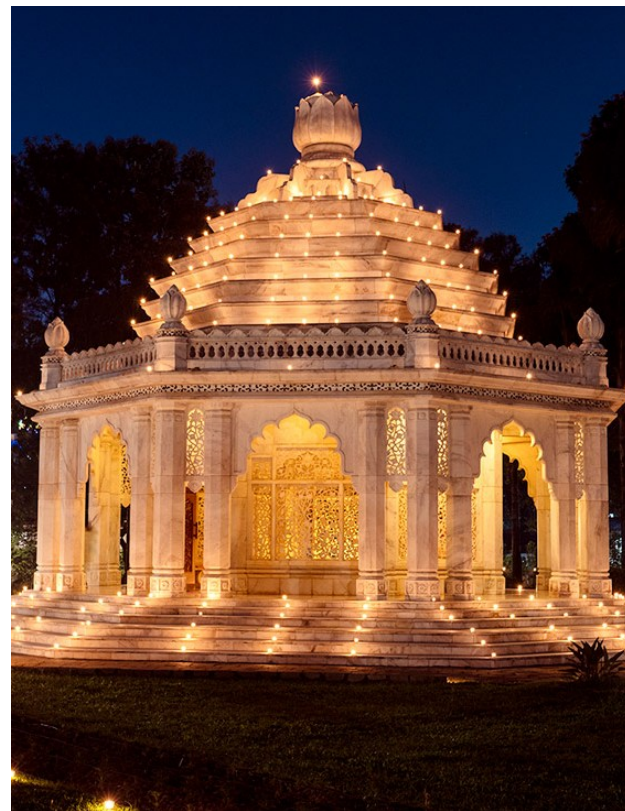
Nov 1 (Saturday)	Kirtan Meditation Service	10:00 AM - 1:00 PM
Nov 1 (Saturday)	Day of Service (lunch provided) after Kirtan Meditation	1:00 PM - 5:00 PM
Nov 13 (Thursday)	Monastic-led Inspirational Service	7:00 PM - 8:00 PM
Nov 16 (Sunday)	Harvest Potluck* with monastics after Sunday Service	12:15 PM
Nov 22 (Saturday)	Pre-Christmas 4-hour Kirtan Meditation	10:00 AM - 2:00 PM
Nov 29 (Saturday)	Pre-Christmas 4-hour Kirtan Meditation	10:00 AM - 2:00 PM

### December

Dec 6 (Saturday)	Pre-Christmas 4-hour Kirtan Meditation	10:00 AM - 2:00 PM
Dec 11 (Thursday)	Monastic-led Inspirational Service followed by tea social	7:00 PM - 8:00 PM
Dec 12 (Friday)	Informal outing with monastics at Green Lake Park followed by lunch	10:00 AM - 2:00 PM
Dec 13 (Saturday)	Monastic-led All-day Christmas Meditation†	10:00 AM - 6:00 PM
Dec 14 (Sunday)	Christmas Potluck* with monastics after Sunday Service	12:15 PM
Dec 31 (Wednesday)	New Year's Eve Meditation	11:30 PM - 12:30 AM

\*Please bring a vegetarian dish to share. †Please bring a fruit to offer, and a monetary offering in an envelope. Please enter the chapel 30 min before meditation starts to get settled. If you can attend only half of the meditation, we ask that you attend the first half.

## Seattle Center of Self-Realization Fellowship



### Quarterly Event Schedule October ~ November ~ December 2025

1825 NE Serpentine Place  
Shoreline WA 98155  
info@srfseattlecenter.org  
206-361-7258  
[www.srfseattlecenter.org](http://www.srfseattlecenter.org)

Cover photo: Sparkling lights on Smriti Mandir  
(Memorial Shrine), YSS Ashram, Ranchi, India

Welcome to the **Seattle Center of Self-Realization Fellowship**, which serves families and friends in the greater Seattle area through weekly devotional and meditation services. The Seattle Center of SRF is a branch of Self-Realization Fellowship, a worldwide, non-profit religious organization founded by Paramahansa Yogananda in 1920 to teach scientific techniques of meditation that lead to a direct, personal experience of God. The Center is open to the public for services and special activities. You are invited to attend our services and welcome to stop by our information table to find out more about our activities.

As an introduction to the SRF teachings, we suggest that you read Paramahansa Yogananda's ***Autobiography of a Yogi*** or watch the documentary film **AWAKE: The Life of Yogananda**.

## Regular Weekly Services\*

### Sunday

Meditation Service 10:00 AM - 10:45 AM  
 Sunday Reading Service 11:00 AM - 12:00 PM  
 Sunday School/Youth Group 11:00 AM - 12:00 PM  
*(Sunday School/Youth Group cancelled on Dec. 28)*

### Tuesday

Meditation Service 7:00 PM - 9:00 PM

### Thursday

Inspirational Service 7:00 PM - 8:00 PM  
*(Service cancelled on Nov. 27 and Dec. 25)*

### Saturday

Group Energization Exercises 9:40 AM - 10:00 AM  
 Meditation Service 10:00 AM - 1:00 PM

\*Please see the schedule on the back page for special services and events. Any last-minute changes or additions to the schedule will be reflected on our website's calendar at: [www.srfseattlecenter.org](http://www.srfseattlecenter.org).

## Sunday Reading Services

### October

Oct 5 (G)	The Most Tempting Temptation
Oct 12	Seeking God in Today's World
Oct 19	Reincarnation: The Soul's Journey to Perfection
Oct 26 (V)	<b>Video:</b> Living Without Fear by Bro. Anantananda

### November

Nov 2 (G)	The Art of Balanced Living
Nov 9	11:00 AM - Noon: Gaining the Wealth of Inner Happiness 12:15 PM - 2 PM: Annual General Membership Meeting
Nov 16	11:00 AM - Noon: Sunday Service by Bro. Kamalananda
Nov 23 (V)	<b>Video:</b> Living With Gratitude by Sr. Brahmani
Nov 30	The True Nature of the Soul

### December

Dec 7 (G)	Receiving God's Answers to Your Prayers
Dec 14	11:00 AM - Noon: Sunday Service by Bro. Keshavananda
Dec 21	Attunement with Christ Consciousness
Dec 28 (V)	<b>Video:</b> The Divine Nature of Christ by Bro. Saralananda

(G): Guided Meditation 10:00 -10:45 AM

(V): Video service

October

November

December