## July 27, 2025

The annual Hamlin Park Picnic and Potluck will take place on August 3 after the Sunday Service. All are invited for food, fellowship, and games at Hamlin Park in Shoreline between 12:15 to 2pm.

On Saturday, August 16, we will celebrate Janmashtami, a Commemorative Service honoring the birth of Bhagavan Krishna. The service will begin at 8 p.m. and will be preceded by a silent meditation from 7 - 7.45 p.m. During the meditation, ushers will allow late arrivals to enter quietly. It is customary to bring a flower and a monetary offering in an envelope as symbols of our devotion and loyalty to Krishna and the lineage of SRF Gurus. All donations from the service are forwarded to Mother Center.

On Saturday, August 23, we will have a long Kirtan meditation for Bhagavan Krishna from 10 a.m. – 4 p.m. There will be a 30 minute break at 1 p.m. and group Energization Exercises at 9:40 a.m.

The Video Service for today is: Concentration - The Key to Communion with God by Brother Ishtananda.