

Special Services and Events

April

Apr 5 Saturday	Kirtan Meditation	10:00 AM - 1:00 PM
Apr 18 Friday	Good Friday Meditation	7:00 PM - 10:00 PM
Apr 19 Saturday	Pre-Easter 6-hour Meditation	10:00 AM - 4:00 PM
Apr 20 Sunday	Special Online Service by SRF/YSS President, Brother Chidananda. Easter Sunrise Service cancelled at Center. Please join us for 10 am Meditation, 11 am Service, and Easter Potluck at Noon at the Center.	7:00 AM - 8:00 AM 10 AM & 11 AM Noon

May

May 3 Saturday	Commemorative long meditation for Sri Yukteswar's birthday	10:00 AM - 4:00 PM
May 10 Saturday	Meditation† Commemorative Service for Sri Yukteswar's birthday*	7:00 PM - 7:40 PM 8:00 PM - 9:30 PM
May 11	Mother's Day tea social after Sunday Service	Noon
May 31 Saturday	Day of Service (lunch provided) following the regular Saturday meditation	1:00 PM - 5:00 PM

June

June 6 - 8 Fri - Sun	Seabeck Retreat (Seattle SRF Center will be closed.) (Please see website for registration and directions.)	Friday 4:00 PM to Sunday 2:00 PM
June 15 Sunday	Father's Day tea social after Sunday Service	Noon
June 21-28 Sat - Sat	June 21 & 28: Regular Saturday meditation cancelled. June 22-28: Schedule for SRF Convocation events livestreamed at the Center available in early June.	10:00 AM - 1:00 PM <i>Schedule available in early June</i>

†Late arrivals may enter quietly at any time.

*Please bring a flower and a monetary offering in an envelope

Seattle Center of Self-Realization Fellowship



Quarterly Event Schedule April ~ May ~ June 2025

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www.srfseattlecenter.org

Cover photo: Windmill Chapel in SRF Lake Shrine Temple, Pacific Palisades, California

Welcome to the **Seattle Center of Self-Realization Fellowship**, which serves families and friends in the greater Seattle area through weekly devotional and meditation services. The Seattle Center of SRF is a branch of Self-Realization Fellowship, a worldwide, non-profit religious organization founded by Paramahansa Yogananda in 1920 to teach scientific techniques of meditation that lead to a direct, personal experience of God. The Center is open to the public for services and special activities. You are invited to attend our services and welcome to stop by our information table to find out more about our activities.

As an introduction to the SRF teachings, we suggest that you read Paramahansa Yogananda's *Autobiography of a Yogi* or watch the documentary film **AWAKE: The Life of Yogananda**.

Regular Weekly Services*

Sunday

Meditation Service	10:00 AM - 10:45 AM
Sunday Reading Service	11:00 AM - 12:00 PM
Sunday School/Youth Group	11:00 AM - 12:00 PM

Tuesday

Meditation Service	7:00 PM - 9:00 PM
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Thursday

Inspirational Service	7:00 PM - 8:00 PM
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Saturday

Group Energization Exercises	9:40 AM - 10:00 AM
Meditation Service	10:00 AM - 1:00 PM

*Please see the schedule on the back page for special services and events.

Any last-minute changes or additions to the schedule will be reflected on our website's calendar at: www.srfseattlecenter.org.

Sunday Reading Services

April

Apr 6 (G)	What is Your Role in Life?
Apr 13	The Deeper Teachings of Jesus Christ
Apr 20	The Resurrection of Christ Within You
Apr 27 (V)	Video: Perseverance: Secret of Spiritual Success by Bro. Nakulananda (38 minutes)

May

May 4 (G)	Behind the Physical Cosmos: A World of Light and Energy
May 11	God's Nature in the Mother
May 18	God-Mindedness: Key to Freedom
May 25 (V, K)	Video: God's Nature in the Mother by Sr. Draupadi (24 minutes) + Kirtan 12:15 pm - 1:00 pm: Spanish Reading Service

June

Jun 1 (G)	Success Through Attunement With God
Jun 8	Sunday Service cancelled due to Seabeck Retreat
Jun 15	God's Nature in the Father
Jun 22	How Even-Mindedness Leads to God-Awareness
Jun 29 (V)	Video: The Cosmic Motion Picture by Bro. Bhumananda (34 minutes)

(G): Guided Meditation 10:00 am—10:45 am

(K): Kirtan as part of the Sunday meditation service

(V): Video service

April

May

June