

Announcements for February 23, 2025

Automated External Defibrillator Training

Thank you to everyone who signed up for the CPR and AED training class. The class will begin at 12:15 p.m. in the **Social Room**, following this Service. If you haven't signed up but are still interested in joining, please reach out to Shilpa Verma after the service, and we will do our best to accommodate you.

To ensure a quiet and focused space for learning, we kindly ask that the Social Room remain clear for class participants. In the same spirit, and to accommodate all of our learners, the Bookroom will be available in after-hours mode today. Instructions on how to make purchases are printed and displayed in the Bookroom for your convenience. Thank you for your understanding and support.

Day of Service

Our next Day of Service will be next **Saturday, March 1st** from 1 to 5 p.m. This follows the morning meditation from 10 a.m. to 1 p.m. Lunch will be provided. All are welcome to join in the joy of fellowship and service in cleaning, gardening, and carrying out maintenance projects. For those who wish to come and meditate prior to the 1 p.m. lunch, you may enter the chapel during the noon chant, or meditate in the Sunday School room. All are welcome, including children, for any length of time.

Special Mahasamadhi Services in March

We will commemorate the mahasamadhi of Paramahansa Yogananda on Friday, March 7th and the mahasamadhi of Swami Sri Yukteswar on Sunday, March 9th. On each of these occasions we will have silent meditation from 7 - 7:45 p.m. followed by the commemorative service at 8 p.m. Please bring a flower and a monetary offering as a sign of your devotion and loyalty to the SRF line of Gurus. The ushers will allow late arrivals to quietly enter and join the meditation any time from 7 - 7:45 p.m. preceding the commemorative services.

On Saturday, March 8th we will have a 6-hr. Kirtan meditation to honor the mahasamadhis of Paramahansa Yogananda and Swami Sri Yukteswar.

Today, we will watch a Video Service titled **Cultivating Faith and Inner Strength in Today's World** by Sr. Nandini. This talk was recorded at the Self-Realization Fellowship Mother Center in 2022.