

Announcements for October 13, 2024

October 19, 2024 - One Day Retreat

There will be a one-day retreat held at the Seattle Center of SRF on Saturday, October 19, from 10:00 a.m. to 4:00 p.m. There will be periods of group meditation, Energization Exercises, readings, kirtan, a lunch break, and free-time to walk the grounds, read quietly, or meditate.

Reading Service

The Reading Service for today is: Live in Constant Remembrance of God