

Announcements for September 22, 2024

Lahiri Mahasaya Commemoratives

We will have two commemorative services and a 6-hour kirtan meditation in honor of our param-param Guru Lahiri Mahasaya.

On Thursday, September 26, we will have a commemorative service for the mahasamadhi of Lahiri Mahasaya with meditation from 7:00 - 7:45 p.m., followed by the service at 8 p.m. Please bring a flower and donation to offer during the service.

On Saturday, September 28, there will be group practice of energization exercises at 9:40 a.m. followed by long kirtan meditation from 10:00 a.m. to 4:00 p.m, with a 30 minute break at 1 p.m.

On Monday, September 30, the birthday of Lahiri Mahasaya will be commemorated with a meditation from 7:00 – 7:45 p.m., followed by a service at 8:00 p.m. Please bring a flower and donation to offer during that service.

Monastic Visit:

We look forward to welcoming Brothers Devananda and Bhimananda to our Center from October 3 to 8. The itinerary will include group meditations and services, tea social, outdoor outing, and a workshop on Introspection. The schedule is now posted on the website at srfseattlecenter.org, and will be on the quarterly flyer also. You can sign up for a walk around Green Lake with the monastics on the signup sheet at the Information Table. Please see Urmila Joshi Phadnis or Lynnne Dhanak if you have any questions about the Green Lake outing.

DVD Service

The DVD Service for today is: Him I Shall Follow, Part 3, by Sri Daya Mata.