

## **Announcements for September 24, 2023**

### **Lahiri Mahasaya Services**

We will have two commemorative services in honor of our Param-Param-Guru Lahiri Mahasaya this coming week, held at the Seattle Center of SRF in Shoreline. On Tuesday September 26 we will commemorate his mahasamadhi and on Saturday September 30 his birthday. On each of these occasions, the service will begin at 8 p.m. and will be preceded by a silent meditation from 7 – 7:45 p.m.

There will also be a 6 hour kirtan meditation in honor of Lahiri Mahasaya on Saturday, October 7, from 10 to 4pm, preceded by Group Practice of Energization Exercises at 9:40 am.

You are all warmly invited to join in for these events. More information is available on the Center's website at [srfseattlecenter.org](http://srfseattlecenter.org).

### **Fruits for Distribution**

There are baskets with fruit offerings at the doors, and you are welcome to take some of this fruit as you leave today.