

Announcements for July 2, 2023

July Events

- After a break of more than 3 years, we will resume Tuesday evening meditations from 7-9 pm, starting **July 11**. The meditation service includes periods of prayer, chanting and silent meditation. Paramahansa Yogananda emphasized that the united devotion and concentration of many devotees can powerfully increase the depth of each individual's meditation. Meditation services provide opportunities to practice the methods of concentration and meditation taught in the Self-Realization Fellowship Lessons. All are welcome.
- Join volunteers at the Center on **Saturday, July 15**, for the **Day of Service**. It will begin following the morning meditation from 10:00 a.m. to 1:00 p.m. Lunch will be provided. All are welcome to join in the joy of fellowship and service in cleaning, gardening and carrying out maintenance projects. For those who wish to come and meditate prior to the 1 p.m. lunch, you may enter the chapel during the noon chant, or meditate in the Sunday School room. All are welcome, including children, for any length of time.
- On Sunday, **July 16th** we will have a Sunday reading service in Spanish, held at 12pm following our usual 11am reading service. The service format will be the same as our usual reading services, using Spanish translations of service readings and chants provided by SRF. Printouts will be provided with words to the prayers and chants in Spanish. All are invited and welcome to attend.

Service

The subject for today's service is: Patriotism That Will Endure.