

Announcements for May 22, 2022

Saturday 3-hour meditations will resume from next Saturday, May 28, 2022. Energization Exercises will be from 9:40 a.m. to 10:00 a.m., and meditation from 10:00 a.m. to 1:00 p.m.

The Seattle Center looks forward to hosting the regional Seabeck Retreat, which will be held on June 10-12 this year. Bro. Samatananda and Br. Wolfgang, from Self-Realization Fellowship, will be leading the retreat. There will be a Thursday evening Inspirational Service by Brother Samatananda on June 9 at our Center the day prior to the start of the silent retreat. Registration for the retreat is currently open online. Please visit the Center website for more details and to register.

For those attending the retreat, there is a need for volunteers in various areas, such as with transporting supplies, loading and setup. If you are able to serve as a volunteer, please inquire at the Information Table after the service.

Additionally, if you are registered for the retreat, please ensure that we have received your proof of Covid vaccination as soon as possible. Seabeck Conference Center does require all attendees to either be vaccinated or show proof of a negative Covid test prior to attendance.

The subject for today's service is "Why Our Loved Ones Die".