Announcements for Jan 19, 2020

We will have our next **Day of Service** on Saturday, January 25. A vegetarian lunch will be served directly after the 10 a.m. - 1 p.m. meditation, and then we will do projects around the Center up until 5 p.m. For those who wish to come and meditate prior to the 1 p.m. lunch, you may enter the chapel during the Noon chant, or meditate in the Sunday School room. All are welcome, including children, for any length of time.

Our Center's monastic counselor Brother Devananda, along with Brother Akshayananda, will visit our Center **January 30 – February 2**. The scheduling plan is as follows:

- **Thursday January 30**: Monastic-led 7pm inspirational service followed by tea social.
- **Friday January 31**: Informal outing with monastics starting around 10:30 a.m. followed by lunch. More details about the outing will be announced as they are confirmed.
- **Saturday February 1**: Bro. Devananda will lead a 3-hour kirtan meditation 9 a.m. – 12 p.m. Note the earlier start time than our usual Saturday schedule. Group Energization Exercises will be practiced at 8:40 a.m. After the meditation we will have a volunteer appreciation lunch (provided) followed by a volunteer meeting with the monastics starting at 1 p.m.. Any current volunteers or those interested in volunteering at the Center are welcome.
- **Sunday February 2**: Sunday services will be led by monastics. Afterward we will have a potluck and opportunity to greet the monastics. Please bring a vegetarian dish to share.

Any updates to the schedule will be announced in subsequent weeks and listed on our website calendar.

The subject for today's service is **"Meditation: Way to God."**