

Announcements for Dec 1, 2019

We have several announcements today as reminders for the upcoming Christmas meditation services. These dates are also covered in the printed schedule of services available at the Information Table in the Social Room. Please pick up a copy if you like.

Our next pre-Christmas meditation will be this week on **Saturday, December 7th** from 10 a.m. to 2 p.m, with group Energization Exercises prior at 9:40 a.m.

SRF monastics **Bro. Pranavananda** and **Bro. Samatananda** will visit to lead our annual All-Day Christmas meditation on **Saturday December 14th** from 10 a.m. to 6p.m., the regularly scheduled Sunday services on **December 15th**, and the Thursday evening inspirational service on **December 12th**.

Today we will decorate our chapel Christmas tree at Noon after the services. Please join us! Everyone is invited to participate and children are especially encouraged.

Please also mark your calendars for the SRF Seattle Center Annual General Meeting which will be held next **Sunday, December 8th** after the service, from 12:15 p.m. until 2 p.m. The Managing Council will review the status of key projects, 2019 expenditures, and plans for 2020. All are welcome and encouraged to attend.

The subject for today's service is "**Harmonizing Work and Meditation.**"