

Announcements for Sunday August 25, 2019

Our weekly 10 a.m. - 1 p.m. meditation on **Saturday, September 7** will include Kirtan. Group Energization Exercises will be practiced at 9:40 a.m.

Also on **Saturday, September 7** we will have our next Day of Service. A vegetarian lunch will be served directly after the 10 a.m. - 1 p.m. meditation, and then we will do projects around the Center up until 5 p.m. For those who wish to come and meditate prior to the 1 p.m. lunch, you may enter quietly and join the last hour of the group meditation in the chapel either at 12:00 noon or 12:30 p.m. chanting. All are welcome for the Day of Service, including children, for any length of time that you can stay.

On **Friday, September 13** at 7 p.m. we will have a family movie night and ice cream social here at the Center. More information will be forthcoming in next week's announcements and on our website calendar.

We are pleased to be joined today monastics visiting from the ashrams of Paramahansa Yogananda, **Bro. Kalyanananda** and **Br. Leonardo**.