

Announcements for Sunday, March 10, 2019

We will have our next Day of Service on **Saturday, March 23rd**. A vegetarian lunch will be served directly after the 10 a.m. - 1 p.m. meditation, and then we will do projects around the Center up until 5 p.m. For those who wish to come and meditate prior to the 1 p.m. lunch, you may enter quietly and join the last hour of the group meditation in the chapel either at 12:00 noon or 12:30 p.m. during the chanting. All are welcome for the Day of Service, including children, for any length of time that you can stay.

In an effort to serve our members and volunteers better, we are planning to change our **Thursday Inspirational Service** time to **7 - 8 p.m.** beginning in April. This 1-hour format will include praying for others and practicing the healing technique. We plan to try this change for at least the Spring and Summer quarters and then assess whether to continue. Our hope is that the time change will be helpful to those who prefer not to drive at night, and support more attendance given the earlier end-time and the shorter 1-hour format.

Along with the new 7 p.m. start time for the Thursday service, the **Study Group** start time will shift earlier to **6:15 p.m.** beginning in April.

Thanks for your understanding as we consider this scheduling change. Feedback is always welcome through the Suggestion Box in the foyer or through the Contact form on our website.

The subject for today's service is, "**The Inner Meaning of Self-Realization.**"