

## Announcements for Sunday, April 22, 2018

We are pleased to announce that our annual SRF Regional Retreat at the Seabeck Conference Center will be held this June 8-10. Visiting SRF monastics Brother Ritananda and Brother Nikhilananda will conduct this year's retreat. Please visit the Seabeck Retreat menu on our Center's website to find further information about the retreat and the online registration form. There are also printed registration forms in the Social Room for those who are unable to register online. The monastics will lead the Thursday service on June 7th at 7:30 p.m. here at the Center.

The annual Helping Hearts Farm to Food Bank Project wishes to thank everyone for their participation and support for this successful Bake Sale. The goal was achieved and will purchase two shares of fresh vegetables from Helsing Junction Farm to be given to the HopeLink Shoreline Food Bank for 20 weeks this summer. Thanks again for your continued generosity to the people in our neighboring community.

SRF Youth Services invites all children and teens between the ages of 7 and 18 to the SRF Summer Day Program in Encinitas. This program ushers in a new era of training for youth in our Guru's How-to-Live spiritual principles. With guidance from SRF monastics, teens and children will have an opportunity to deepen their relationship with God, learn SRF techniques of meditation, engage in fun activities and create friendships with spiritually-minded peers. The program also features a "Parent's Day" at the Encinitas Temple, that will include a class and satsanga given by the monastics on spiritual parenting. The girls' week will be June 25-29 and the boys' week July 2-6. Please see the flyer describing the program, located on the Information table in the Social Room, or visit the SRF website home page and click on "Youth Events."

Today we will be showing Part II of the DVD "Your Thoughts Can Change your Life", a talk by Bro. Anandamoy.