

Announcements for 1/8/2017

Learn to play harmonium in 2017! We will soon be offering several harmonium lessons at the Seattle Center. The first lesson will be held on Saturday, January 21st at 4:15 p.m prior to the evening long meditation. These lessons are beginner's level and no prior musical experience is required. You'll find a sign-up sheet near the bulletin board. The time and date of each lesson is also listed there.

Mark your calendars for February 9 - 13 when we will host SRF monastic disciples Brother Devananda and Brahmachari Jason at our Center. On Saturday Feb. 11th Bro. Devananda will lead a kirtan meditation from 9am - 1pm. The usual evening 6 - 9pm meditation will be cancelled that night. Please stay tuned to our weekly announcements and website for further scheduling details about the February monastic visit.

Our subject for today's reading is "Attunement with a True Guru."