

## Announcements for 10/09/2016

This coming Saturday October 15<sup>th</sup> we will host a One Day Retreat here at the Center from 10am to 4pm. As part of the retreat we will have guided group practice of Energization Exercises, kirtan meditation and inspirational reading. We will also have free time to relax, take short walks, practice the presence of God, and in general enjoy the day with God, retreating from the concerns and thoughts of day-to-day activities. There will be printed flyers with the detailed schedule of the One Day Retreat posted on the door of the chapel today after the Service for reference.

We will have our Fall Harvest potluck on Sunday October 16 following the 11am Reading Service. Please bring a vegetarian dish to share.

Our subject for today's reading is: "Finding God in Family Life".