

## Announcements for 1/17/2016

We have several events planned for our monastic visit February 4 thru 7. All are invited and encouraged to attend:

**Thursday**, February 4, Bro. Balananda and Br. Jason will conduct a meditation and Satsanga from 7: to 8:30pm, followed by a Tea social. Please place your Satsanga questions in the basket in the foyer, or submit to [srfseattlecenter.org](http://srfseattlecenter.org), as soon as possible.

**Friday**, Feb 5th: There will be an outing and luncheon with the monastics, 10:00am-2:30pm. There is a sign-up sheet in the Social Room for those who wish to attend. Contact Lynn Dhanak for more information.

**Saturday**, Feb 6th: The monastics will lead a workshop entitled "Cultivating Divine Friendship through a Spirit of Servicefulness" from 10am-12:30pm. At 12:30 we will have a volunteer appreciation event with a catered luncheon. Please sign up on the bulletin board if you plan to attend. All are welcome. The regularly scheduled Kirtan meditation will be held 6-9 pm.

**Sunday**, Feb 7th: Br. Balananda will lead the 10am Meditation and the 11am Service. At 12: pm, please join us for our Potluck Social and bring a vegetarian dish to share. Thank you.

All are invited to join us for light refreshments in the social room after the Service. Please stop by and say hello at our information table, especially if you're new to the Center or if you haven't been here in awhile. We look forward to saying hello!

Our subject for today's reading is "*Why Life's Tests are Thrust Upon Us*".