

Announcements for Sunday, February 18, 2018

We will have our next Day of Service on Saturday, February 24. A vegetarian lunch will be served directly after the 10 a.m. - 1 p.m. meditation, and then we will do projects around the Center up until 5 p.m. For those who wish to come and meditate prior to the 1 p.m. lunch, you may enter quietly and join the last hour of the group meditation in the chapel anytime between 12 - 1 p.m. All are welcome for the Day of Service, including children, for any length of time that you can stay.

On Saturday March 3rd, we will have a 6-hour meditation with Kirtan in honor of the mahasamadhi of Paramahansa Yogananda, held from 3 p.m. to 9 p.m. There will be a 30-minute break at 5:30 p.m. with group Energization Exercises practiced at 5:40 p.m. Please note the start time of 3 p.m. which is different than our usual Saturday meditation start time of 10 a.m.

The subject for today's service is, "The Necessity of Religion."