

## Special Services and Events

### January

January 5, Friday	Meditation+	7:00 PM—7:40 PM
	Commemorative service for Paramahansa Yogananda's birthday*	8:00 PM—9:30 PM
January 13, Saturday	Commemorative long meditation for Paramahansa Yogananda's birthday (please bring a fruit offering)	10:00 AM – 4:00 PM

### February

February 3, Saturday	Kirtan meditation	10:00 AM – 1:00 PM
February 17, Saturday	One-day retreat	10:00 AM – 4:00 PM
February 24, Saturday	Day of Service	1:00 PM – 5:00 PM

### March

March 3, Saturday	Commemorative long meditation for Paramahansa Yogananda's mahasamadhi	3:00 PM—9:00 PM
March 7, Wednesday	Meditation+ Commemorative service for Paramahansa Yogananda's mahasamadhi*	7:00 PM—7:40 PM 8:00 PM—9:30 PM
March 9, Friday	Meditation+ Commemorative service for Sri Yukeswar's mahasamadhi*	7:00 PM—7:40 PM 8:00 PM—9:30 PM
March 30, Friday	Good Friday meditation	7:00 PM—10:00 PM

\* Please enter quietly at any time.

\*Please bring a flower as a symbol of devotion to the master being honored and a monetary offering in an envelope as an expression of loyalty to the work of Self-Realization Fellowship.

## Seattle Center of Self-Realization Fellowship



### Quarterly Event Schedule January ~ February ~ March 2018

1825 NE Serpentine Place  
Shoreline WA 98155  
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206-361-7258  
[www.srfseattlecenter.org](http://www.srfseattlecenter.org)

Welcome to the **Seattle Center of Self-Realization Fellowship**, which serves families and friends in the greater Seattle area through weekly devotional and meditation services. The Seattle Center of SRF is a branch of Self-Realization Fellowship, a worldwide, non-profit religious organization founded by Paramahansa Yogananda in 1920 to teach scientific techniques of meditation that lead to a direct, personal experience of God. The Center is open to the public for services and special activities. You are invited to attend our services and welcome to stop by our information table to find out more about our activities.

As an introduction to the SRF teachings, we suggest that you read Paramahansa Yogananda's *Autobiography of a Yogi* or watch the documentary film *AWAKE: The Life of Yogananda*.

### Regular Weekly Services \*

#### Sunday

Meditation Service	10:00 AM - 10:45 AM
Sunday Reading Service	11:00 AM - 12:00 PM
Sunday School	11:00 AM - 12:00 PM

#### Tuesday

Meditation Service	7:00 PM - 9:00 PM
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#### Thursday

Study Group (The Second Coming of Christ)	6:45 PM - 7:25 PM
Inspirational Service	7:30 PM - 8:30 PM
Prayer Service	8:30 PM - 8:50 PM

#### Saturday

Group Energization Exercises	9:40 AM
Meditation Service	10:00 AM - 1:00 PM

\*Please see the schedule on the back page for special services and events. Any last-minute changes or additions to the schedule will be reflected on our website's calendar at:

[www.srfseattlecenter.org](http://www.srfseattlecenter.org)

## Sunday Reading Services

### January

Jan 7 (G)	I:1 Kriya Yoga: The Bliss-filled Path to God
Jan 14	I:2 Faith, Belief, and Wisdom
Jan 21	I:3 Power to Light Your Way
Jan 28	DVD: Guru and Disciple: An Eternal Covenant of Love, Part I, Bro. Bhaktananda

### February

Feb 4 (G)	I:4 Three Kinds of Heaven
Feb 11	I:6 How Active Westerners Can Realize God
Feb 18	I:7 The Necessity of Religion
Feb 25	DVD: Guru and Disciple: An Eternal Covenant of Love, Part II, Bro. Bhaktananda

### March

Mar 4 (G)	I:8 The Way to be Happy at Will
Mar 11	I:9 The Secret of Spiritual Success
Mar 18	I:10 Regain Your Divine Heritage
Mar 25	DVD: Your Thoughts Can Change Your Life, Part I Bro. Anadamoy

(G): Guided Meditation 10:00 AM—10:45 AM

DVD: A showing of an SRF DVD

January

February

March