

## Announcements for 12/31/2017

All are welcome to bring in the New Year with group meditation from 11:30 p.m. on New Year's Eve until 12:30 a.m.

On Friday, January 5, we will have a commemorative service for Paramahansa Yogananda's birthday which will begin at 8 p.m., preceded by meditation from 7 - 7:40 p.m. The ushers will allow late arrivals to enter quietly during the 7 p.m. meditation, which will be followed by a 20-minute intermission before the 8 p.m. service begins. Please bring a flower and monetary donation in an envelope.

Saturday, January 6 will be our first 3-hour meditation on the new morning schedule. Group Energization Exercises will be practiced at 9:40 a.m. and the meditation will be from 10 a.m. until 1 p.m. If you can only attend part of the meditation, please enter or exit only during a chanting period.

There will be a 6-hour meditation with Kirtan on Saturday, January 13 from 10 a.m. - 4 p.m. to commemorate the birthday of our Guru. Please bring a fruit offering. There will be a break from 12:30 p.m. to 1 p.m. with Group Energization Exercises practiced at 12:40. Those who wish to practice EE's in the morning prior to 10 a.m. may do so individually.

The subject for today's service is, "Higher Achievements in the New Year."