

Special Services and Events

October

Sunday, October 8	Harvest potluck ~	After service
Saturday, October 14	One-day retreat at the SRF Seattle Center	10:00 AM – 4:00 PM
Saturday, October 14	Cancelled: Evening meditation	

November

Saturday, November 4	Kirtan meditation	6:00 PM – 9:00 PM
Sunday, November 12	Annual General Meeting	After service
Saturday, November 18	Day of Service	9:30 AM – 4:00 PM
Sunday, November 19	Helping Hearts—Shoebboxes of Joy	After service
Thursday, November 23	Cancelled service—Thanksgiving	
Saturday, November 25	Pre-Christmas 4-hr meditation	5:00 PM – 9:00 PM

December

Saturday, December 2	Pre-Christmas 4-hr meditation	5:00 PM – 9:00 PM
Saturday, December 9	Pre-Christmas 4-hr meditation	5:00 PM – 9:00 PM
Thursday, December 14	Monastic-led inspirational service followed by a tea social	7:30 PM – 9:00 PM
Friday, December 15	Outing with monastics	10:00 AM – 3:00 PM
Saturday, December 16	All-day Christmas meditation (Monastic-led) *	10:00 AM – 6:00 PM
Sunday, December 17	Monastic-led meditation	10:00 AM – 10:45 AM
	Monastic-led service/ Christmas program	11:00 AM – 12:15 PM
	Potluck ~	12:15 PM
Sunday, December 31	New Year's Eve meditation	11:30 PM – 12:30 AM

~ Please bring a vegetarian dish to share.

* Please enter the chapel a half hour before meditation starts so you can get settled. If you can only attend half of the meditation, we ask that you attend the first half.

Seattle Center of Self-Realization Fellowship



Quarterly Event Schedule October ~ November ~ December 2017

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Shoreline, WA 98155
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Sunday Reading Services

Welcome to the **Seattle Center of Self-Realization Fellowship**, which serves families and friends in the greater Seattle area through weekly devotional and meditation services. The Seattle Center of SRF is a branch of Self-Realization Fellowship, a worldwide, non-profit religious organization founded by Paramahansa Yogananda in 1920 to teach scientific techniques of meditation that lead to a direct, personal experience of God. The Center is open to the public for services and special activities. You are invited to attend our services and welcome to stop by our information table to find out more about our activities.

As an introduction, we suggest that you read Paramahansa Yogananda's ***Autobiography of a Yogi*** or watch the documentary film ***AWAKE: The Life of Yogananda***.

Regular Weekly Services *

Sunday

Meditation Service	10:00 AM - 10:45 AM
Sunday Reading Service	11:00 AM - 12:00 PM
Sunday School	11:00 AM - 12:00 PM

Tuesday

Meditation Service	7:00 PM - 9:00 PM
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Thursday

Study Group (The Second Coming of Christ)	6:45 PM - 7:25 PM
Inspirational Service	7:30 PM - 8:30 PM
Prayer Service	8:30 PM - 8:50 PM

Saturday

Group Energization Exercises	5:40 PM - 5:55 PM
Meditation Service	6:00 PM - 9:00 PM

*Please see the schedule on the back page for special services and events. Any last-minute changes or additions to the schedule will be reflected on our website's calendar at:

www.srfseattlecenter.org

October

Oct. 1 (G)	III:40 Live in Constant Remembrance of God
Oct. 8	III:41 Healing Body, Mind and Soul
Oct. 15	III:42 How to Read Character
Oct. 22	DVD: Him I Shall Follow - Sri Daya Mata - Part II
Oct. 29	III:43 The Scientific Art of Living

November

Nov. 5 (G)	III:44 Yoga for Westerners
Nov. 12	III:45 How to Dissolve the Causes of War
Nov. 19	III:46 Inner Resources of Health and Energy
Nov. 26	DVD: Him I Shall Follow - Sri Daya Mata - Part III

December

Dec. 3 (G)	III:47 How to Attune with Divine Will
Dec. 10	III:48 Understanding the Unreality of Matter
Dec. 17	Monastic-led service
Dec. 24 *	II:51 Receive the Christ Consciousness
Dec. 31	III:52 Higher Achievements in the New Year

(G): Guided Meditation 10:00 AM—10:45 AM

DVD: A showing of an SRF DVD

* 12/24: Sunday School cancelled

October

November

December