

## Special Services and Events

July 16 Sunday	Seattle Center annual vegetarian picnic and potluck (Hamlin Park, Shoreline)	12:30 pm
July 22 Saturday	Commemorative long meditation for Mahavatar Babaji	3:00 pm - 9:00 pm
July 25 Tuesday	Commemorative meditation+ Commemorative service for Mahavatar Babaji*	7:00 pm - 7:45 pm 8:00 pm - 9:30 pm
August 14 Monday	Commemorative meditation+ Janmashtami commemorative service*	7:00 pm - 7:45 pm 8:00 pm - 9:30 pm
August 19 Saturday	Commemorative long meditation for Bhagavan Krishna	3:00 pm - 9:00 pm
September 15 Friday	Celebrating 100 Years of YSS – A Photo Tour	6:00 pm - 9:30 pm
September 23 Saturday	Commemorative long meditation for Lahiri Mahasaya	3:00 pm - 9:00 pm
September 26 Tuesday	Commemorative meditation+ Commemorative service for Lahiri Mahasaya's mahasamadhi*	7:00 pm - 7:45 pm 8:00 pm - 9:30 pm
September 30 Saturday	Commemorative meditation+ Commemorative service for Lahiri Mahasaya's birthday*	7:00 pm - 7:45 pm 8:00 pm - 9:30 pm

+Quietly enter at anytime.

\*Please bring a flower as a symbol of devotion to the guru being honored and a monetary offering in an envelope as an expression of loyalty to the work of Self-Realization Fellowship.

## Seattle Center of *Self-Realization Fellowship*



## Quarterly Event Schedule July ~ August ~ September 2017

1825 NE Serpentine Place  
Shoreline, WA 98155  
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206-361-7258  
[www.srfseattlecenter.org](http://www.srfseattlecenter.org)

Welcome to the **Seattle Center of Self-Realization Fellowship**, which serves families and friends in the greater Seattle area through weekly devotional and meditation services. The Seattle Center of SRF is a branch of Self-Realization Fellowship, a worldwide, non-profit religious organization founded by Paramahansa Yogananda in 1920 to teach scientific techniques of meditation that lead to a direct, personal experience of God. The Center is open to the public for services and special activities. You are invited to attend our services and welcome to stop by our information table to find out more about our activities.

As an introduction, we suggest that you read Paramahansa Yogananda's **Autobiography of a Yogi** or watch the documentary film **AWAKE: The Life of Yogananda**.

### Regular Weekly Services \*

#### Sunday

Meditation Service	10:00 am - 10:45 am
Sunday Reading Service	11:00 am - 12:00 pm
Sunday School	11:00 am - 12:00 pm

#### Tuesday

Meditation Service	7:00 pm - 9:00 pm
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#### Thursday

Study Group (The Second Coming of Christ)	6:45 pm - 7:25 pm
Inspirational Service	7:30 pm - 8:30 pm
Prayer Service	8:30 pm - 8:50 pm

#### Saturday

Group Energization Exercises	5:40 pm - 5:55 pm
Meditation Service	6:00 pm - 9:00 pm

\*Please see the schedule on the back page for special services and events. Any last-minute changes or additions to the schedule will be reflected on our website's calendar at:

[www.srfseattlecenter.org](http://www.srfseattlecenter.org)

### Sunday Service Readings

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Jul. 2 (G)	III:26 Building World Unity
Jul. 9	III:24 Spiritual Marriage
Jul. 16	III:25 Seeing God as the Sole Doer
Jul. 23	DVD: Portal to the Inner Light, Sri Mrinalini Mata, Part I
Jul. 30	III:27 Ascending to Perfection in God
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Aug. 6 (G)	III:28 The Universal Need for Kriya Yoga
Aug. 13	III:29 The Root Cause of Suffering
Aug. 20	III:30 The Power of Intuition
Aug. 27	DVD: Portal to the Inner Light, Sri Mrinalini Mata, Part II
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Sep. 3 (G)	III:31 The Hiding Place of God
Sep. 10	III:32 The Law of Miracles
Sep. 17	III:39 A Yogi Christ and His Way to Salvation
Sep. 24	DVD: Him I Shall Follow, Sri Daya Mata, Part I

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(G): Guided Meditation 10:00 am—10:45 am

DVD: A showing of an SRF DVD each month

July

August

September