

## Special Events

Jan 5	Thursday	Meditation † Birthday of Paramahansa Yogananda Commemorative Service *	7:00 pm - 7:45 pm 8:00 pm - 9:30 pm
Jan 7	Saturday	Birthday of Paramahansa Yogananda 6 hour Meditation (Kirtan) **	10 am - 4 pm
Feb 9	Thursday	Monastic-led Service	7 pm - 9 pm
Feb 11	Saturday	Monastic-led Kirtan Meditation (evening 6 pm meditation cancelled)	9 am - 1 pm
Feb 12	Sunday	Monastic-led Services ***	10 am - 12 pm
Feb 18	Saturday	One Day Retreat at Center	10 am - 4 pm
Mar 4	Saturday	Paramahansa Yogananda Mahasamadhi 6 hour Meditation (Kirtan) **	3 pm - 9 pm
Mar 7	Tuesday	Meditation † Commemorative Service for Paramahansa Yogananda Mahasamadhi *	7:00 pm - 7:45 pm 8:00 pm - 9:30 pm
Mar 9	Thursday	Meditation † Commemorative Service for Sri Yukteswar Mahasamadhi *	7:00 pm - 7:45 pm 8:00 pm - 9:30 pm
Mar 25	Saturday	Day of Service	9:30 am - 4 pm

†Quietly enter at anytime.

\*Please bring a flower as a symbol of devotion to the master being honored and a monetary offering in an envelope as an expression of loyalty to the work of Self-Realization Fellowship.

\*\*Please enter the chapel a half hour before the meditation starts so that you can get settled. If you can only attend half of the meditation, then we ask that you attend the first half.

\*\*\*We will have a potluck after the service. Please bring a vegetarian dish to share.

## Seattle Center of *Self-Realization Fellowship*



## Quarterly Event Schedule January ~ February ~ March

### 2017

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Welcome to the **Seattle Center of Self-Realization Fellowship**, which serves families and friends in the greater Seattle area through weekly devotional and meditation services. The Seattle Center of SRF is a branch of Self-Realization Fellowship, a worldwide, non-profit religious organization founded by Paramahansa Yogananda in 1920 to teach scientific techniques of meditation that lead to a direct, personal experience of God. The Center is open to the public for services and special activities. You are invited to attend our services and welcome to stop by our information table to find out more about our activities.

As an introduction, we suggest that you read Paramahansa Yogananda's ***Autobiography of a Yogi*** or watch the documentary film ***AWAKE: The Life of Yogananda***.

## Weekly Services

### Sunday

Meditation Service	10:00 am - 10:45 am
Sunday Reading Service	11:00 am - 12:00 pm
Sunday School	11:00 am - 12:00 pm

### Tuesday

The Second Coming of Christ Study Group	6:15 pm - 6:55 pm
Meditation Service	7:00 pm - 9:00 pm

### Thursday

Inspirational Service	7:30 pm - 8:30 pm
Prayer Service	8:30 pm - 8:50 pm

### Saturday

Meditation Service	6:00 pm - 9:00 pm
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*Please visit our online calendar which would include any last-minute changes or additions to the schedule:*

[www.srfseattlecenter.org](http://www.srfseattlecenter.org)

## Sunday Service Readings

Jan 1	Open meditation 10 am - 12 pm
Jan 8	III:1 Attunement With a True Guru
Jan 15	III:2 Man - Image of God
Jan 22	DVD
Jan 29	III:3 Meditation - Way to God

## Sunday Service Readings

Feb 5 (G)	IIII:4 How to Rise Above Your Problems
Feb 12	Monastic-led service
Feb 19	III:5 Habits - Your Master or Your Slave?
Feb 26	DVD

## Sunday Service Readings

Mar 5 (G)	III:6 Lord, Possess Us with Thy Love
Mar 12	III:7 The Science of Affirmation
Mar 19	III:8 The Dream Nature of the World
Mar 26	DVD

(G) ~ Guided meditation from 10 - 10:45

DVD ~ A showing of a different SRF DVD each month

January  
February  
March